

SPOTSWOOD HIGH SCHOOL

GET INVOLVED!

2022-2023



Athletics & Clubs

Spotswood High School offers a comprehensive array of extracurricular as well as co-curricular activities to complement the curriculum. Extracurricular activities are those activities that supplement the regular school curriculum, do not carry credit towards graduation, and are joined voluntarily by students. Co-curricular activities are those activities that are directly related to the classroom and are an integral part of instruction.

TABLE OF CONTENTS

Co-Curricular Activities

Concert Band	3
Distributive Education Clubs of America (DECA)	3
Honors Wind Ensemble	3
Jazz Band	3
Pep Band	4

Extra Curricular Activities

Athletics	4
Asian American Pacific Islanders Club	4
Charger Pride	4
Community Service Club	5
Drama Club	5
Dungeons and Dragons	5
Environmental Club	5
Euphony (School Literary Magazine)	5
Fellowship of Christian Athletes	6
Film Club	6
Girls Learn International	6
Heroes and Cool Kids	6
Kids Create	6
Lead For Diversity	6
Math League	7
Music Club	7
National Honor Society	7
Scribbler (School Newspaper)	7
Student Government	8
Students Against Destructive Decisions (SADD)	8
TEAMS	9
Yearbook Club (Pegasus)	9

Co-Curricular Activities

Concert Band – The concert band is one of the premier performing ensembles at SHS. This group, open to students in 9th – 12th grade, plays at all school concerts and also has performed in Williamsburg, Boston, Atlanta, Orlando, and Toronto in the past. All members of the Concert Band are required to read music, have had previous training on a band instrument, and are academically able to miss class for a band lessons weekly. Any student not currently enrolled, but having interest, must be recommended by the Director.

Advisor: Sarah Carino-Koza **Email: scarino@spsd.us**

Distributive Education Clubs of America (DECA) – This co-curricular club coincides with the Marketing classes at the high school. Its purpose is to apply the Marketing knowledge learned in the class to real life situations. One teacher-advisor, as well as a panel of six officers, oversee the club. Competition is one of the most important and exciting aspects of the organization, including regional, state, and international level competition. Students also give back to their school and community with events such as Alex's Lemonade Stand and a Walk to Remember. DECA provides insight into the world of business, offering students the opportunity to establish leadership, communication, and marketing skills necessary to be successful in the business world.

Advisor: Kelly Meagher **Email: kmeagher@spsd.us**

Honors Wind Ensemble – The Wind Ensemble is the honors auditioned performance ensemble. Including 10th–12th grade students and ranging from 40–45 members, the Wind Ensemble frequently plays in local and state adjudicated festivals in addition to all the performances held at SHS. This group also plays nation-wide on the Spring Band Trip. This course requires an audition and all students accepted must have spent at least one year in Concert Band. Students in Wind Ensemble accept the demand of college-level repertoire and are encouraged to audition for CJMEA and All-state performance ensembles.

Advisor: Sarah Carino-Koza **Email: scarino@spsd.us**

Jazz Band - Comprised of students in both Wind Ensemble and Concert Band, Jazz Band is an auditioned group that begins in late-November/early-December and rehearses Monday and Wednesday evenings. Performances include the Jazz Band Concert, competing on the Spring Band Trip, and other performances based on availability. This ensemble is known for playing everything from old 40's swing to contemporary fusion and Top 20 hits — it's a great time!

Advisor: Sarah Carino-Koza **Email: scarino@spsd.us**

Pep Band – known as the “beat” of the Chargers football team, the SHS Pep Band plays at all home and away football games during the regular and postseason. The Pep Band also marches in the Spotswood Memorial Day Parade, and also performs at other events throughout the fall, based on availability (North Brunswick Columbus Day Parade, NJ Devils Game, etc). Rehearsals are Monday nights; Pep Band is open to any student who is in Concert Band or Wind Ensemble.

Advisor: Sarah Carino-Koza **Email:** scarino@spsd.us

Extra Curricular Activities

Athletics - The Spotswood high school athletic program provides a wide range of opportunities for students to engage in activities that promote the building of strong minds and bodies. To accomplish this, the following are offered:

Fall Football
 Boys and Girls Soccer
 Cheerleading
 Boys and Girls Cross Country
 Girls Tennis

Winter Cheerleading
 Boys and Girls Winter Track
 Boys and Girls Basketball
 Wrestling

Spring Baseball
 Softball
 Boys and Girls Spring Track
 Boys Tennis
 Golf

Asian American Pacific Islanders Club - Spotswood HS Asian-American Pacific Islander Club is a student-run organization that provides SHS students with the opportunity to come together and share in the different Asian cultures. Started in 2021 under the initiative of Alexis "Lex" Alejandrino, Class of 2023, the AAPI members will focus their endeavors to develop cultural-competency within our HS community. Together, these students desire to create a place for both Asian/Pacific Islander and non-Asian/Pacific Islander students to recognize and appreciate one another; they hope to give a voice to and provide recognition for our Asian American Pacific Islander community.

Nature: Community Involvement

Advisor: Colleen Meyers **Email:** cmeyers@spsd.us

Charger Pride - We are the Charger Pride Alliance (CPA): students and teachers who want freedom in our own skin and want to help in overcoming homophobia, transphobia, biphobia, and all other forms of hate against the student body, regardless of age, race, religion, gender, ability, and sexuality. We believe that we, as well as others, should be accepted for who we are. The Spotswood High School CPA plans to include everyone interested in joining, by having no member requirements, and having an open door policy. The Safe Space created by the CPA will always remain open for those who need it. We want to include not only the high school, but the rest of the community as well, by planning events (with and without GLSEN) to raise awareness and educate the community on LGBTQ+ issues by teaching and being an example of acceptance.

Advisor: Dominic Sposato

Email: dsposato@spsd.us

Community Service Club - The SHS Community Service Club has been a vital part of the Spotswood community for many years. It is our goal to increase our involvement in service related activities to include the communities of Helmetta and Milltown. The club has helped the needy and provided for individuals who have benefited from the time and generosity of our students and school community. Some of our most exciting events include the Community Kitchen suppers, Special Needs Christmas Party, and Charity Volleyball Game. This club has taught future generations the value of a helping hand and the responsibility to help care for others.

Advisor: Gabrielle Heredia

Email: gheredia@spsd.us

Advisor: Michele Levine

Email: mlevine@spsd.us

Drama Club - Each year we present a spring musical production in March (auditions will be held). You don't have to be an actor to get involved because we need volunteers who would be interested in lighting, stage crew, and set construction personnel.

Advisor: Annie Raczko Williams **Email: araczko@spsd.us**

Elizabeth Bartel

Email: ebartel@spsd.us

Environmental Club - The goals of the Spotswood High School Environmental club are to promote sustainability and responsibility for the environment, to educate the student body and community, and to encourage active participation in global, national, state, and local environmental issues. Some past activities include: recycling items through TerraCycle programs, planting trees at SHS for Earth Day, recycling used books, selling flowers and bulbs, and maintaining the outdoor classroom for SHS. Through our fundraising activities we are able to donate to other environmental organizations to expand our impact helping the environment.

Advisor: Erin Groves

Email: egroves@spsd.us

Rima Michaels

Email: rmichaels@spsd.us

Euphony (School Literary Magazine) – Creative writers in the SHS community have an opportunity to share and publish their work in the school’s annually circulated literary magazine. Poetry, short stories, and other original selections are chosen and edited. The Graphic Arts department takes part in the process by printing the magazine, which includes student artwork to complement the writing. Open to all grade levels, students are encouraged to submit any of their writing to advisors by March, giving the magazine editors time to revise and make corrections. All appropriate work is accepted, printed, and distributed in homerooms at the end of the year. Participants find that the literary magazine provides a vehicle of expression, and a tangible souvenir of their creative endeavors in high school.

Advisor: Andrew Cammarano

Email: acammarano@spsd.us

Film Club - A must for films for film lovers of all kinds. Film club is an enriching experience for all who attend. Many will view movies that they have not seen and/or heard of before. This club is an opportunity for students to explore the cinematic world. Films range from foreign to classic and from drama to comedy. Film club meets after school on alternate Wednesdays, so come watch new movies and meet some new people to enjoy them with!

Advisor: Leonard Hollender

Email: lhollender@spsd.us

Girls Learn International - Girls Learn International (GLI) educates and energizes students in the global movement for girls’ access to education. The GLI Program supports the empowerment of students as they discover that through their own creative initiatives, dedication, and passionate leadership, they can create real solutions that address the obstacles facing girls and women here and around the world. Student-to-student, and student-to-parent, GLI is building a movement of informed advocates for universal girls’ education and a new generation of leaders and activists for social change. (Girls Learn International Mission available at: <http://girlslearn.net/>)

Advisor: Melissa Forgione

Email: mforgione@spsd.us

Advisor: Halli Gerin

Email: hgerin@spsd.us

Heroes and Cool Kids - Heroes and Cool Kids is a mentoring program, where former professional athletes and accomplished individuals train high school students leaders to mentor the 5th and 1st grade students within our school district. The heroes (mentors) are selected through an extensive and competitive application process and are chosen for their academic standing, extracurricular participation and most importantly, their character. High School students are eligible to apply by the end of their freshman year. These mentors will then share their lives experiences and facilitate the programs values, geared to helping students make better, healthier choices that will lead to a successful

future. The elementary school students (the cool kids) look forward to the visits with their mentors and in many cases idolize them as role models.

Advisor: Jill Hetzler **Email: jheltzler@spsd.us**
Heather Rounds **Email: hrounds@spsd.us**

Kids Create - Kids Create is a program run by high school art students to create arts and crafts with first grade students at Schoenly School. It is also an arts club that promotes the visual arts, such as mural painting, in both the school and community.

Advisor: Elizabeth Bartel **Email: ebartel@spsd.us**
Allison Collins **Email: acollins@spsd.us**

Lead For Diversity - Lead For Diversity works to increase awareness and improve the inter-group relations in the school and the community. Students discuss ethnic, cultural and socioeconomic issues and identify strategies to improve these relationships. Delegates attend a peer leadership program where students acquire peer leadership, conflict resolution and human relations skills necessary for success in a diverse world.

Advisor: Barbara Furman **Email: bfurman@spsd.us**

Math League – Open to all high school student interested in academic competition in mathematics with other students in New Jersey high schools throughout the state of New Jersey. A series of six tests, prepared by New Jersey Mathematics League, is administered at the high school during the course of the school year. These tests are graded and the best results submitted to the national headquarters where they are processed, evaluated, and compared with those of other New Jersey high schools. In the past, Spotswood High School has continued to rank well among other school districts of similar size. All papers are scored and then returned to the students in their math classes with explanations of the correct responses.

Advisor: Jessalyn Cahill **Email: jcahill@spsd.us**

Music Club - Music club is for students interested in playing live music in a casual setting where the students can interact and collaborate with one another. We hold two concerts during the year where the students perform in the evening for family and friends in a relaxed, coffeehouse-style atmosphere. Any money raised is used to buy equipment such as amps, microphones, and stands.

Advisor: Christopher Talish **Email: ctalish@spsd.us**
Mark Petscavage **Email: mpetscavahe@spsd.us**

National Honor Society (NHS) - The nation's premier organization established to recognize outstanding high school level students. More than just an honor roll, NHS serves to honor those students who have demonstrated excellence in the areas of

Scholarship, Leadership, Service, and Character. These characteristics have been associated with membership in the organization since its beginning in 1921. Invitations are extended to eligible members, applications are then completed, and an interview component follows. From there, students chosen by a selection committee are inducted. Members also offer a free tutoring service twice per week after school in the Media Center.

Advisor: Patricia Zygnerski
Nick Zygnerski

Email: pzygnerski@spsd.us
Email: nzygnerski@spsd.us

Scribbler (School Newspaper) – The Scribbler provides the SHS community with news about our school, community, and country, along with items of interest including music and film reviews, editorials, photos, artwork and comics. Ideas are generated by the staff and editorial team and then followed up with interviews, research, photography and art. Articles are then discussed, reviewed and edited before being added to *The Scribbler* online. Students are encouraged to enroll in the Journalism elective, where they can sharpen reporting skills and learn in the methods of contemporary journalism. The Spotswood High School newspaper is a live publication, with new information and images being updated regularly. Check us out at: shsscribbler.weebly.com!

Advisor: Joseph Schwartz

Email: jschwartz@spsd.us

Student Government - Student Government organizes the voices of the students through peer representation, sponsors various events throughout the course of the school year, and works with school administrators to make these events and activities available to the students, faculty, staff, and members of the community. Each grade level has four representatives who are popularly elected by the student body each spring.

Advisor: Colleen Meyers

Email: cmeyers@spsd.us

Students Against Destructive Decisions (SADD) – This is a peer leadership organization dedicated to raising awareness of the grim realities that can come from the use of alcohol and/or illegal drugs. It has broadened its parameters to not only include illegal substance abuse, but also other “dangers” facing teens. We believe through proper education paired with family and peer support that these destructive decisions can be prevented and/or dealt with properly. We use student-initiated activities that empower our student community in a positive way, preparing them to successfully and safely avoid destructive decisions. Our overall goal is to bring the school, the community, and families together in an effort to eliminate the dangers facing teens in society today.

Advisor: Amy Willuski
Jessalyn Cahill

Email: awilluski@spsd.us
Email: jcahill@spsd.us

TEAMS - TEAMS is an extracurricular club designed to prepare students for the TEAMS competition held at NJIT in March. The annual TEAMS competition for middle and high school students is designed to help them discover their potential for engineering. During this one-day competition, students work together in teams of eight to apply math and science knowledge in practical, creative ways to solve real-world engineering challenges. The competition explores areas such as energy efficiency, geothermal heat pumps and wastewater treatment.

Advisor: Christopher Talish
Nick Zygnerski

Email: ctalish@spsd.us
Email: nzygnerski@spsd.us

Yearbook Club (Pegasus) - Our objective is to create a yearbook that brings high school memories together. It is our mission to emphasize the unity that our school can generate. Through pictures and words, we forever emboss our place in time. Our yearbook represents every class; therefore we need members from every grade to help create the yearbook. Creative skills are important, as well as organization and knowledge of our specific software. Typing skills are a plus. A training session is held in September for any new members. The editorial staff is selected in June for the following year. Our meetings are held on Tuesday and Thursday from 2:15 - 4:15 pm. A student can be a member of yearbook as well as other clubs or activities. You are able to work at home on your own time if you cannot attend meetings. The design and creation of the yearbook takes time. Generally, we work from the first week of school until the books are distributed in June. As a member, you should be familiar with digital photography. You will be required to take pictures at various school functions, which will be used to create different layouts. Our yearbook is created online through the Internet therefore computer literacy is essential.

Advisor: Carol Bergman-DeFilippo
Barbara Furman

Email: cbergman@spsd.us
Email: bfurman@spsd.us